

Adjustments for IVDD Handbook: Nov 2022

Page 4, Picture Credits: Finley is on 215t not 205t. Hector owned by Ali Robinson is on 216b not 217b.

Page 14, the italic font caused an unexpected printing error (UK not US). We decided to change it to plain text:

Back disease (Thoracolumbar disc disease). **Neck disease** (Cervical disc disease).

Page 50, the following text has been added at the bottom of the page:

Your dog's posture after recovery

Some dogs are left with a hunched back after an episode of IVDD. This is not normally associated with pain, and a hunched appearance long term is usually nothing to worry about. In many cases, the hunch reduces gradually over several months as the muscle tone returns to normal.

Page 100, Box 4. The 4th bullet point should read as follows:

- Turning their head or body away from someone (figure 16)

Page 129. For point 1, 'Paralysed dogs', the box reference should be to box 9: (see box 9).

Page 141. The content of box 7 has been updated slightly. You might like to print the following to paste over box 7 in your book:

BOX 7: PAW SEQUENCING – A BASIC WORKOUT

Try the following once daily:

1. Standing practice (Chapter 58)
2. Lift and place right paw
3. Lift and place left paw
4. Repeat steps 2 and 3
5. Lower your dog gently to the floor for a rest.

Optional: add an extra step each day until they are doing 4 steps with each hind paw.

Don't overdo this exercise. It encourages some dogs to lean too heavily on their front paws. Check with your physiotherapist if needed.

→ See Appendix 5 for advice on combining this with other exercises.

Page 218. The introduction to Routine 1, 'Movers and Improvers', should read as follows:

This is a starter routine for **dogs that can walk**. It is suitable for:

- 🐾 dogs with grade 1 or 2 IVDD, while they are on strict crate or pen rest.
- 🐾 dogs with traumatic disc or FCE during the first few weeks of recovery, if they can walk but are unsteady on their feet.

Page 220. The introduction to Routine 3, 'Leaky Learners', should read as follows:

This is a starter routine for dogs that cannot walk and have reduced bladder or bowel control:

- 🐾 dogs with severe IVDD
- 🐾 dogs with severe traumatic disc or FCE

Routine 3 includes clean-ups, bedding changes and expressing their bladder.

Page 222. 'snuffle rug' has been changed to 'snuffle mat':

1:30 pm

Offer a snuffle mat in the crate or pen

Page 228. We've added an extra reminder to 'check with your vet' regarding crate or pen size:

Early Rest and Late Rest

It's usually best to start with a smaller crate or pen (Early Rest), and then move to a larger one after around three weeks (Late Rest). Check with your vet. At each stage, the ideal floor area depends on the size and shape of your dog.

Page 231. We decided to add some bold text:

ADD-INS FOR THE WORKOUTS

Standing parts of the routine can include

- ✓ hind paw sequencing (Exercise 1)
- ✓ small backward weight shift (Exercise 2)
- ✓ slow head turn (Exercise 4)
- ✓ lifting a front paw (Exercise 6).

Sitting parts of the routine can include

- ✓ slow head turn (Exercise 4)
- ✓ lifting a front paw (Exercise 6).

Page 251. Two small additions to the index: 'arched back' and 'hunched back'. These sections of the index are reproduced here in case you would like to paste them into your copy.

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